Do You Know Other People With Aphasia?

Beyond yourself, do you know other people with aphasia? (Example: It can be a friend or family member, someone you’ve spoken to at your clinic or support group, or a member of your local community.)

Yes 55.6%
No 44.4%

Back in 2021, fewer people knew other people with aphasia.

The NAA has so many online groups. If you don’t know another person with aphasia, please drop in for one of our online chats and connect with other people who have and understand aphasia.

Yes 58.9%
No 41.1%
Do You Know Other People With Aphasia?

Today...

- Very important: 75%
- Somewhat important: 22.2%
- Not important: 2.8%

One Year Ago...

- Very important: 67.9%
- Somewhat important: 30.4%
- Not important: 1.8%

Since the last time we asked this question, more people decided that knowing another person with aphasia was "very important" or "not important," pulling people from the "somewhat important" category.
Do You Know Other People With Aphasia?

If you know someone with aphasia, do they have the same type of aphasia as you do? (Example: You have primary progressive aphasia, and you know at least one other person with primary progressive aphasia.)

Today...

- I don’t know anyone else with aphasia
- No, they have a different type of aphasia
- Yes, they have the same type of aphasia

One Year Ago...

- I don’t know anyone else with aphasia
- No, they have a different type of aphasia
- Yes, they have the same type of aphasia

Did you know that we have a **PPA-only chat**? People with PPA can meet others with PPA at our PPA-only chat, plus they can attend our general, once a month, online chat: **The Aphasia Cafe**.

Back in 2021, fewer people knew other people with aphasia, and when they did know someone, they knew people who had a different type of aphasia. Now, they know people who have the same type.
Do You Know Other People With Aphasia?

How important do you think it is to know other people with the same type of aphasia as you have?

Today...

Not important: 60%
Somewhat important: 40%
Very important: 20%

One Year Ago...

Not important: 50%
Somewhat important: 40%
Very important: 10%

Since we asked this question in 2021, "not important" and "somewhat important" went down slightly, while "very important" went up.
Do You Know Other People With Aphasia?

Today...

Where have you met other people with aphasia? (Check all that apply.)

- Through therapy
- Through a support group
- Through the NAA chats
- Through a different online chat
- Through a family member or friend
- I have never met another person with aphasia

We were thrilled to see that more people in 2022 (vs. 2021) have met other people with aphasia through one of the NAA chats or a different organization’s online chat.
We were also happy to see that smaller amounts of time such as "a few times per year" or "never" went down (as did "daily"), while "weekly" and "monthly" were up in 2022 (vs. 2021).
Do You Know Other People With Aphasia?

What are the benefits of knowing another person with aphasia? Or, if you don’t know anyone with aphasia, what do you think would be the biggest benefits for you? (Check all that apply.)

- They are likely to understand what I am feeling
- They are likely to encourage me
- They can give me helpful tips
- They remind me that I’m not alone

Today...

<table>
<thead>
<tr>
<th>Benefit</th>
<th>%</th>
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<tbody>
<tr>
<td>They are likely to understand what I am feeling</td>
<td>75</td>
</tr>
<tr>
<td>They are likely to encourage me</td>
<td>50</td>
</tr>
<tr>
<td>They can give me helpful tips</td>
<td>75</td>
</tr>
<tr>
<td>They remind me that I’m not alone</td>
<td>75</td>
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</tbody>
</table>
The benefits people found from knowing other people with aphasia remained fairly consistent, year over year, though "encouragement" was up in 2022. It is interesting to see how all of the benefits evened out in 2022, while in 2021, "understanding" was the clear winner.

- They are likely to understand what I am feeling: 100%
- They are likely to encourage me: 75%
- They can give me helpful tips: 50%
- They remind me that I’m not alone: 25%
- 0%