



APHASIA SNAPSHOT

a monthly look at what the aphasia community is thinking and feeling

Speech Therapy Fun

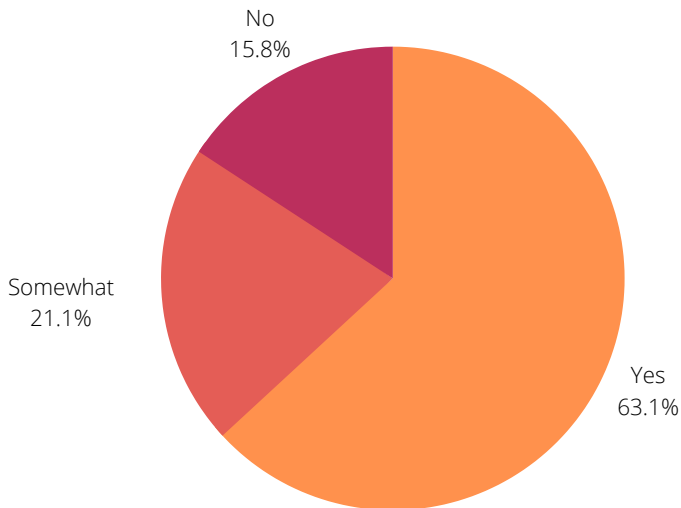
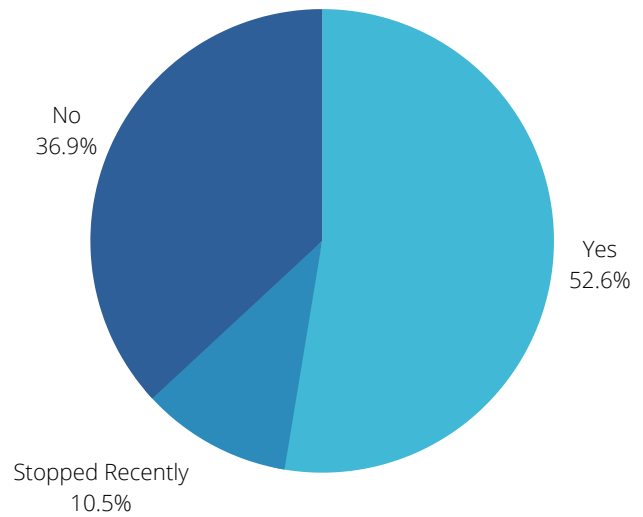
Are you currently in speech therapy?



Yes, I am currently working with a speech therapist

No, but I stopped speech therapy within the last three months

No, I am not currently working with a speech therapist



If you are in speech therapy (or were in the past), did the therapist tailor the therapy to your interests?

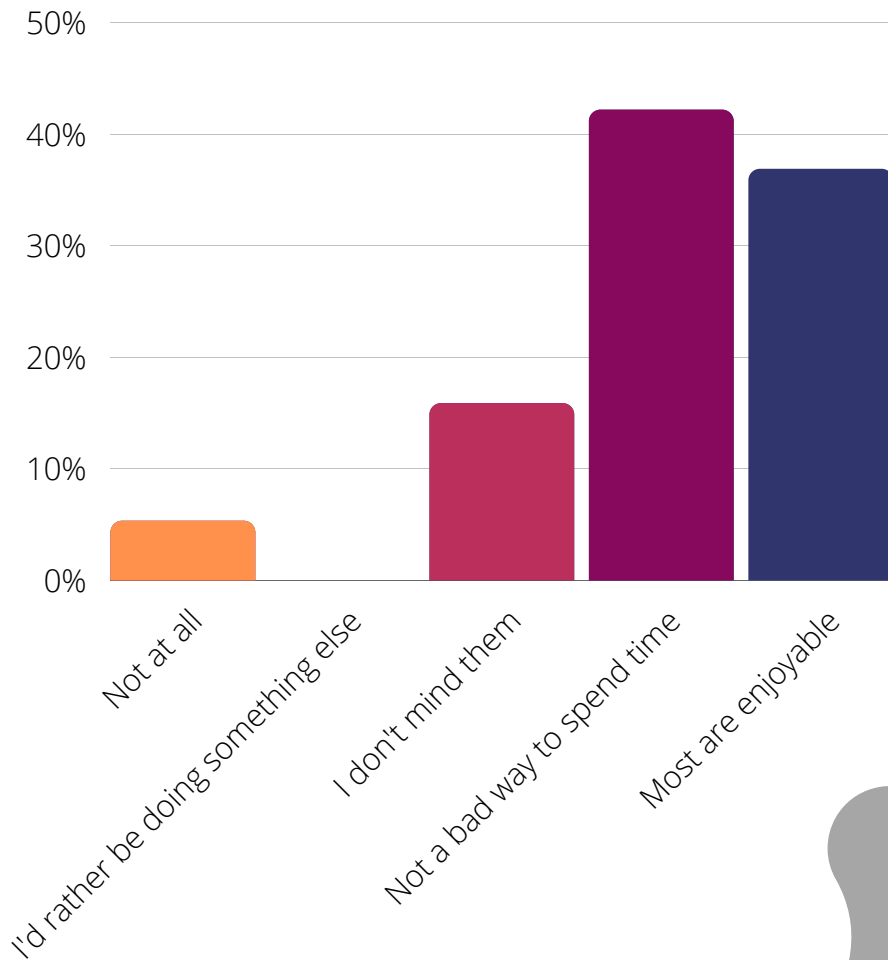
Yes, therapy is/was tailored to my interests

Somewhat – my therapist asked but didn't use my interests

No, I was never asked about my interests

Speech Therapy Fun

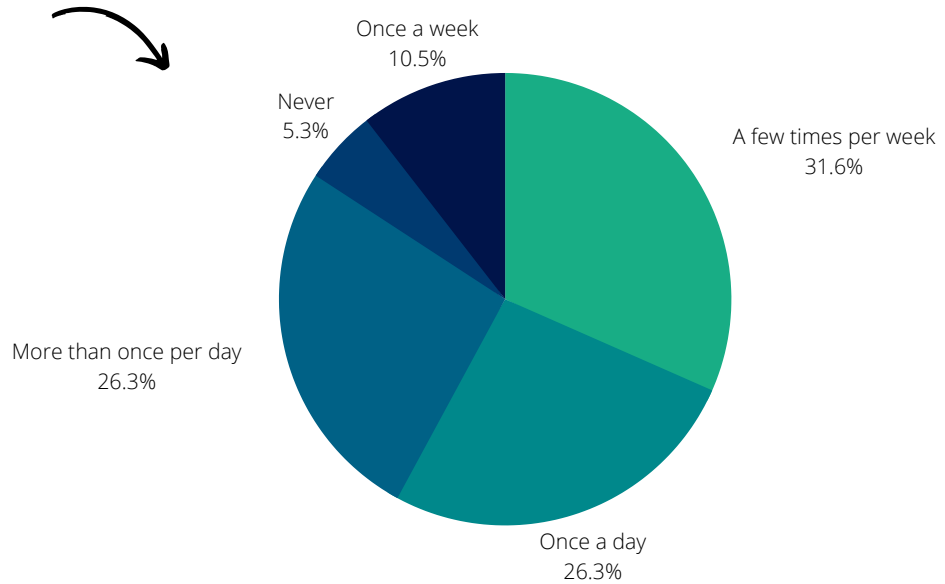
On a scale from 1 - 5, how much do you enjoy speech therapy exercises? (1 is not at all, 3 is that you don't mind them, and 5 is most are enjoyable.)



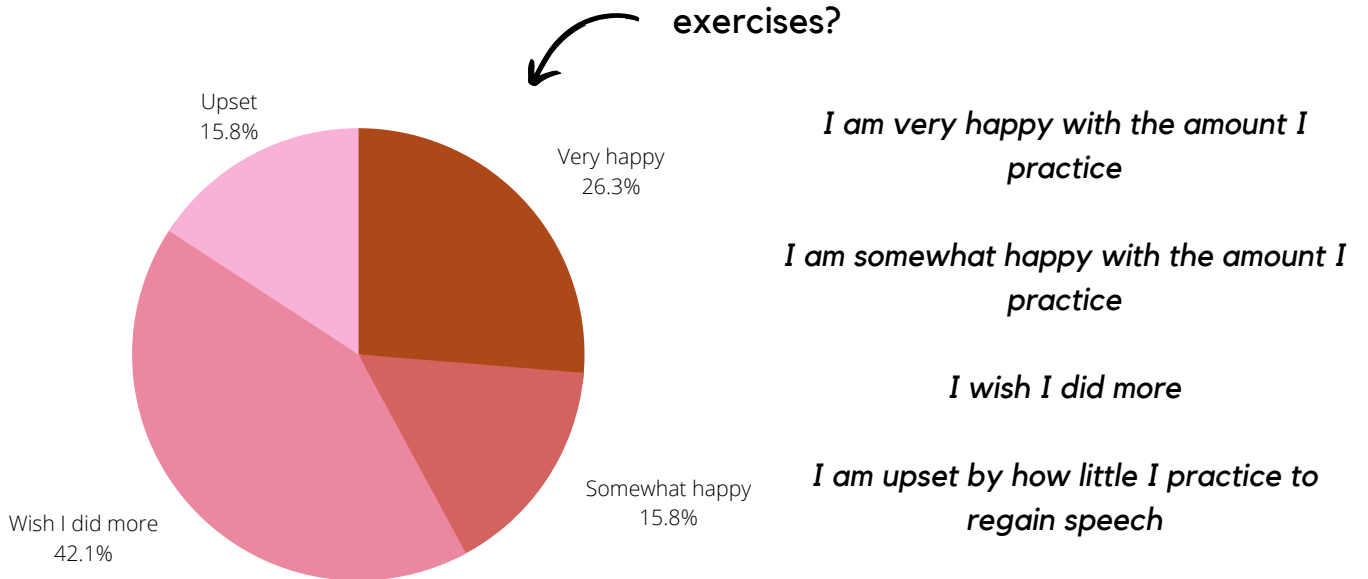
Search [our affiliate database](#) to find speech services in your area.

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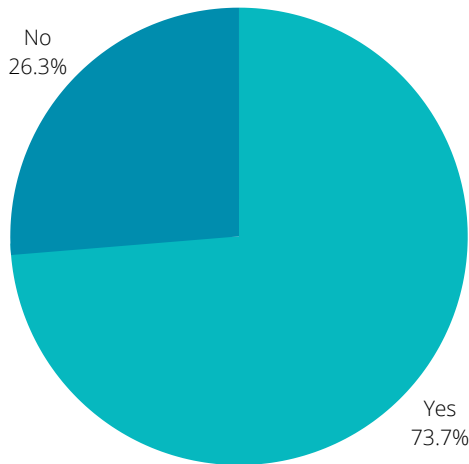
How often do you do speech-building exercises?



How happy are you with how often you do speech-building exercises?



Speech Therapy Fun



Yes, I can practice with family or friends

No, I do not have anyone to practice with

Do you have someone to practice speech with?

Which activity below would you find the most fun to do?

Exercising

Being in nature

Playing a game

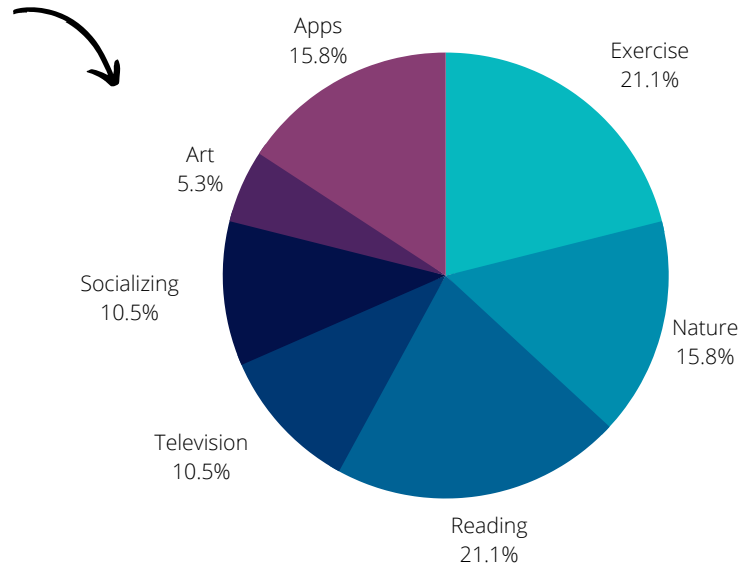
Reading

Watching television

Socializing with friends or family

Creating art (writing, painting, photography, music, etc)

Using a fun app (mobile/computer games)



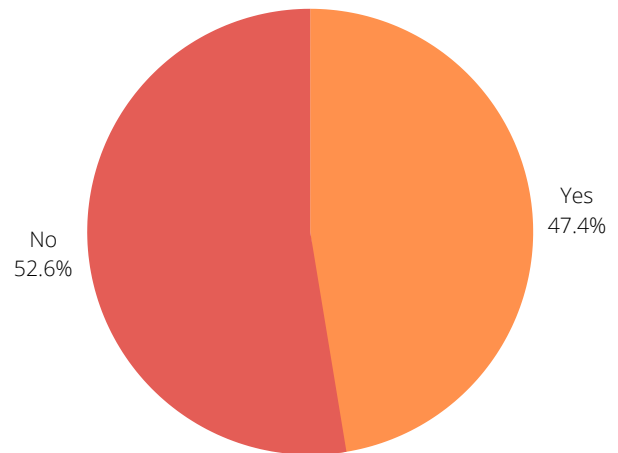
Speech Therapy Fun

Have you ever combined the activity in the last question with speech therapy?



Yes, I've used the activity I chose above in combination with speech therapy (such as combining a speech activity with a walk)

No, I have not used the activity I chose above in combination with speech therapy



What have you (or your speech therapist) done to make speech therapy fun?

Read stories of topics of interest.

Quizzes.

Talk about NASCAR and fishing.

She joined Toastmasters with me. It helped me to speak better.

Take breaks. Drink a cup of coffee or tea. Keep things upbeat by making positive and encouraging comments even when answers are difficult.

Go on a walk.