**Speech Therapy Fun**

Are you currently in speech therapy?

- Yes, I am currently working with a speech therapist
- No, but I stopped speech therapy within the last three months
- No, I am not currently working with a speech therapist

If you are in speech therapy (or were in the past), did the therapist tailor the therapy to your interests?

- Yes, therapy is/was tailored to my interests
- Somewhat — my therapist asked but didn’t use my interests
- No, I was never asked about my interests
On a scale from 1 - 5, how much do you enjoy speech therapy exercises? (1 is not at all, 3 is that you don't mind them, and 5 is most are enjoyable.)

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Search our affiliate database to find speech services in your area.
How often do you do speech-building exercises?

- A few times per week: 31.6%
- Once a day: 26.3%
- More than once per day: 26.3%
- Once a week: 10.5%
- Never: 5.3%

How happy are you with how often you do speech-building exercises?

- Very happy: 26.3%
- Somewhat happy: 15.8%
- Upset: 15.8%
- Wish I did more: 42.1%
- I am very happy with the amount I practice
- I am somewhat happy with the amount I practice
- I wish I did more
- I am upset by how little I practice to regain speech
Do you have someone to practice speech with?

Yes, I can practice with family or friends 73.7%
No, I do not have anyone to practice with 26.3%

Which activity below would you find the most fun to do?

- Exercising
- Being in nature
- Playing a game
- Reading
- Watching television
- Socializing with friends or family
- Creating art (writing, painting, photography, music, etc)
- Using a fun app (mobile/computer games)
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Have you ever combined the activity in the last question with speech therapy?

Yes, I’ve used the activity I chose above in combination with speech therapy (such as combining a speech activity with a walk)

No, I have not used the activity I chose above in combination with speech therapy

What have you (or your speech therapist) done to make speech therapy fun?

Read stories of topics of interest.

Quizzes.

Talk about NASCAR and fishing.

She joined Toastmasters with me. It helped me to speak better.

Take breaks. Drink a cup of coffee or tea. Keep things upbeat by making positive and encouraging comments even when answers are difficult.

Go on a walk.