

the aphasia handbook

This book is for people who have **aphasia**.

Many people have aphasia as a result of a stroke.

Aphasia makes it difficult to talk, read and write.

You can think perfectly well, but you struggle to put your thoughts into words.

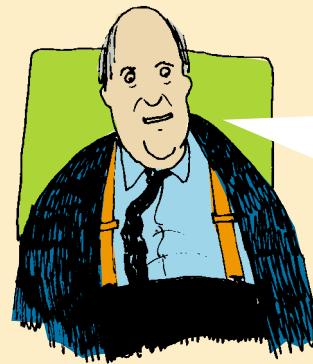
Aphasia can make you feel **uncertain** and **frightened**.

You may feel as if you're on your own.

It may be hard to make **decisions** and **choices**.

This book is for you.

Your family and friends might find it useful too.



I had a **stroke**.
Now I have
aphasia.

I have **aphasia**.
This book **explains**.
It answers questions
from people like me.



We asked some people who have aphasia what they want to know.

This book is based on what they said.

You'll find **information** and **advice** on a lot of subjects.

You may **not** want to read the whole thing through at once.

Some topics may be useful to you **now**.

Some topics might be useful to you **later on**.

Look at the **back**.
There is a **pocket** with
useful things in it.



One is a card called
'If you've had a stroke'.
If the book is too much to
start with, take a look at
the card.